

MARTIN TEMPLE

CONTACT

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SKILLS

- Health and Safety Compliance
- First Aid
- Vital sign monitor
- CPR certification
- Communication excellence
- Compassionate care
- Manual handling competency
- Patient safeguarding
- Behavioural observation
- Elderly care expertise
- Bathing and dressing support
- Care planning
- Running errands
- Mental health support
- Assisted feeding
- Empathetic communication

LANGUAGES

English: C2


Proficient

French: B1


Intermediate

ADDITIONAL INFORMATION

- Healthcare Assistant

REFERENCE: AVAILABLE UPON REQUEST.

Healthcare Assistant.

Responsible Healthcare Assistant and Medical Physiologist with passionate about delivering outstanding quality and service with seven years of experience in healthcare industry.

Dedicated Care Assistant with experience in achieving tangible results and cross-team collaboration moreover proactive and excited to partner with like-minded individuals to achieve goals.

Experienced in providing compassionate care and support to individuals with diverse needs.

Excellent at building trust and fostering positive environment. Natural ability to communicate clearly and empathetically, ensuring comfort and dignity for all in care.

EXPERIENCE

- February 2024 - November 2024
- Support Care Worker *Light House Care plus limited*** , London , Greenwich
- Delivered compassionate care to residents, supporting their daily living activities and enhancing their quality of life.
 - Fostered a positive and supportive atmosphere within the care setting, promoting teamwork and mutual respect among staff.
 - Ensured client safety by performing regular health checks, reporting concerns to doctors promptly.
- October 2023 - May 2024
- Health Care Assistant *Vulnerable persons intervention*** , London , Thurrock
- Assisted patients with daily personal care tasks, including bathing, dressing, and toileting, promoting dignity and comfort.
 - Provided emotional support and companionship to patients, enhancing their mental well-being and overall quality of life.
 - Facilitated patient mobility through assistance with walking, transfers, and use of mobility aids, preventing falls and promoting independence.

EDUCATION

Bachelor of Science Medical Physiology
Nnamdi Azikiwe University , Awka, Anambra State, Nigeria

NVQ Level 3 Adults Health and social care management.
London College of Professional studies , London , England

HOBBY AND INTERESTS

- Cooking
- Shopping
- Watching Football